

**2nd Multidisciplinary International Musculoskeletal Pain Congress cum
11th Multidisciplinary Musculoskeletal Ultrasound Congress on Pain Management
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Certified Lifestyle Medicine Physician and Health coach.

Dr. Athmaja Thottungal is a Consultant Anaesthetist with special interest in Regional Anaesthesia, Pain Medicine and is also a certified Lifestyle Medicine Physician and health coach.

- An extensively experienced medical professional with achievements across education, research, management, and clinical practice.
- She is an Internationally renowned an innovator, thought leader and educator in regional anaesthesia, Pain medicine and Lifestyle medicine.
- Faculty and examiner of various national and international governing bodies, fellowship and certification programmes.
- Winner of multiple awards for presentations, research, leadership, and academic achievement.
- A forward thinking strategic leader with inspiring interpersonal skills.
- A firm believer and practitioner of holistic integrated approach to healthcare and wellbeing.
- Avid practitioner of lifestyle and preventive medicine for personal, professional and organisational wellbeing.
- Active member of the community, with external interests spanning a range of charitable and value-focused initiatives.
- Author and co-author of many chapters in books and articles

Special interest includes ultrasound guided interventions for all types of pain management, neuromodulation, lifestyle medicine, medical education, and health coaching.